

CAPITAL CITY SENIOR GAMES

2023 RESULTS - SWIMMING INDIVIDUAL MEDLEY

SWIMMING 100 YD INDIVIDUAL MEDLEY - WOMEN

First Name	Last Name	Age Division	Time	Place
Paige	Parker	55-59	01:39.41	1
Gretchen	DeYoung	60-64	01:35.52	1
Mary Jane	Tappen	65-69	01:40.23	1
Sandra	Stark	65-69	01:50.10	2
Laurie	Grubbs	70-74	01:35.58	1
Lois	Johnson	75-79	01:50.30	1

SWIMMING 100 YD INDIVIDUAL MEDLEY - MEN

First Name	Last Name	Age Division	Time	Place
Martin	Dix	65-69	01:44.94	1
Mark	Hanson	70-74	01:39.47	1

SWIMMING 200 YD INDIVIDUAL MEDLEY - WOMEN

First Name	Last Name	Age Division	Time	Place
Mary Jane	Tappen	65-69	03:36.09	1
Laurie	Grubbs	70-74	03:28.40	1
Lois	Johnson	75-79	04:06.68	1

Judy	Paukert	75-79	04:25.64	2
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SWIMMING 200 YD INDIVIDUAL MEDLEY - MEN

First Name	Last Name	Age Division	Time	Place
Ralph	Swiger	65-69	04:29.79	1

First Name	Last Name	Age Division	Time	Place
Mark	Hanson	70-74	03:46.54	1

SWIMMING 400 YD INDIVIDUAL MEDLEY - MEN

First Name	Last Name	Age Division	Time	Place
Ralph	Swiger	65-69	10:13.81	1

First Name	Last Name	Age Division	Time	Place
Mark	Hanson	70-74	07:33.15	1